

AN ACT to require mandated CPR education within high schools (grades 9-12).

BE IT ENACTED BY THE PEOPLE OF THE STATE OF _____:

WHEREAS each school district understands the importance of learning CPR/AED usage in a high school setting, as they are potentially life-saving skills that are especially important for student athletes and others in a school environment.

Section 1: For the purpose of this bill, the following definitions shall apply:

Subsection A: “Psychomotor” will be defined as hands-on, in person training that aids in the cognitive learning and memory

Subsection B: “High Schools” shall be defined as any school containing grades 9, 10, 11, 12.

Subsection C: “CPR-certified” shall be defined as gaining CPR certification from any nationally recognized organization, including but not limited to the Red Cross, American Heart Association, or another certified medical program.

Subsection D: “Basic first-aid” will be defined as learning other basic life-support skills, such as but not limited to helping in situations of drowning, choking, overdoses, severe wounds/bleeding, and other life-threatening emergencies.

Section 2: The purpose of this bill is to mandate high school psychomotor CPR/AED education, as the DOE understands the necessity of learning such a skill. It is understood that CPR/AED use in situations of cardiac arrest can increase the person’s chance of survival by almost two times according to the American Heart Association¹. It is understood that bystander CPR/AED use is especially important for student athletes inside high schools, as sudden cardiac death (SCD) is the leading cause of death among student athletes during exercise ².

Section 3: Upon passage of this bill, the People of the State of _____ shall be amended as follows:

Subsection A: Any student who attends high schools within the state of _____ will be mandated to attend at least two CPR classes within 9-12 grade. Each class must be at least 30 minutes, or must be equivalent to two full periods of the school’s respective health class.

Subsection B: The course must be taught by a CPR-certified instructor, who gained their certification through nationally recognized means. The instructor may be a certified teacher, coach, or administrator, but must be CPR-certified.

Subsection C: The course must follow American Heart Association (AHA) or Red Cross guidelines.

¹ “Out-of-hospital Chain of Survival,” American Heart Association, <https://cpr.heart.org/en/resources/cpr-facts-and-stats/out-of-hospital-chain-of-survival>

² Harmon, Kimberly G. et.al, “Incidence of Sudden Cardiac Death in National Collegiate Athletic Association Athletes,” <https://doi.org/10.1161/CIRCULATIONAHA.110.004622>

Subsection D: The course must allow for psychomotor training for both CPR and AED use, including but not limited to the use of CPR mannequins and practice AEDs.

Subsection E: The course must include some instruction on CPR for children and infants, although this instruction does not have to be hands-on.

Subsection F: Students must be given the opportunity to become certified through their school program, although not all students must become certified.

Subsection G: Students must be taught basic first aid, although this education does not have to be within the allotted time for CPR class.

Subsection H: Students who take class virtually must also come in for hands-on CPR training for at least one of their classes. The other class may be virtual.

Subsection I: Failure to complete the classes in the manner specified above will result in the student being unable to gain their high school diploma until the classes have been completed.

Section 4: This bill shall be funded by the _____ Department of Education. The following are the regulations to be used by the department in order to fund it:

Subsection A: The _____ Department of Education promises at least one mannequin per 40 students in each high school. The mannequins may be reused in each class.

Subsection B: The _____ Department of Education promises at least two practice AEDs for student/instructor use per school.

Subsection C: The _____ Department of Education promises to fund the cost of hiring a third-party CPR-certified instructor if one is not already provided inside the school.

Subsection D: Each school must provide a report of completed CPR classes for each student within each graduating class to their school district superintendent. These reports may also include the successes and failures of each class.

Section 5: Any school who does not follow these laws shall be fined a fee of the amounts for no less than \$10.00 per student and no more than \$30.00 per student who does not finish the class. The amount paid shall be determined by the State Superintendent of the Department of Education.

Section 6: This bill shall be enacted in the following school year upon passage.